

THE CHILD AND ADOLESCENT PSYCHIATRIC SOCIETY OF GREATER WASHINGTON

SPONSORS

CAPSGW is a regional organization of the American Academy of Child and Adolescent Psychiatry. It is a not for profit 501(c)3 medical specialty organization representing 260 child and adolescent psychiatrists in the District of Columbia, Maryland and Virginia.

ACCREDITATION STATEMENT

This activity was planned and implemented in accordance to the Essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME). MedStar Georgetown University Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION STATEMENT

MedStar Georgetown University Hospital designates this educational activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate to the extent of their participation in this activity.

CME Certificates for this program will be mailed to participants by July 2016.

ENHANCING RESILIENCE AND RECOVERY FOR VETERANS AND THEIR FAMILIES THROUGH INTEGRATED FAMILY-CENTERED BEHAVIORAL HEALTH CARE

with Patricia Lester, M.D.



Patricia Lester, M.D., is the Nathanson Family Professor of Psychiatry at UCLA Semel Institute for Neuroscience and Human Behavior. She serves as the Director of the UCLA Division of Population Behavioral Health, Director of Nathanson Family Resilience Center, and Medical Director of the UCLA Family STAR (Stress, Trauma And Resilience) Clinic at the David Geffen School of Medicine. A Board Certified Child and Adolescent Psychiatrist, Dr. Lester received her medical degree and residency training at the University of California, San Francisco

School of Medicine, and her child psychiatry fellowship training at UCLA.

For the past 15 years, her work has been dedicated to the development, evaluation, and dissemination of family centered prevention and treatment for families facing the impact of serious medical illness, traumatic events, and parental loss. She is the co-developer of [FOCUS](#) (Families Over Coming Under Stress), a trauma-informed, family resilience intervention designed to mitigate stress and promote well-being in children and families facing adversity. Over the last eight years, she has led the successful large-scale implementation of FOCUS for United States military families and children facing the challenges of wartime deployments and parental post-traumatic stress.

In addition to her work with FOCUS and serving in various trials and investigative capacities, Dr. Lester serves as a consultant on the needs of youth and children facing adversity and trauma for multiple organizations including Zero to Three, Sesame Street, Purdue University Military Family Research Institute, Millennium Family Cohort Study, and Uniformed Armed Services University Center for Traumatic Stress. Her work has been supported by the Department of Defense, the US Department of Navy Bureau of Medicine and Surgery, National Institute for Mental Health, and the National Institute of Child Health and Human Development.

Learning Objectives: At the conclusion of this event, participants will

1. Identify research findings on the impact of military deployments and parental combat related behavioral health problems on children and families;
2. Review evidence for preventive interventions to support resilience and reintegration in military children and families during transitions.; and
3. Describe integrated family centered behavioral health prevention and care for military and veteran families within health and educational systems.

Date: Wednesday, January 27, 2016

Time: 7:00pm: Check-In and Appetizers -- 7:45pm: Speaker and Dinner

Location: Maggiano's, 5333 Wisconsin Avenue, NW, Washington, DC

Fee: This CAPSGW dinner meeting is \$10 for members in good standing. Guests are invited and encouraged to attend. The fee for guests is \$25. All fees are payable at the door via cash or check.

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RSVP: capsgw@gmail.com by Wednesday, January 20, 2016. If you register and need to cancel, you must do so by Friday, January 22 to avoid a no-show fee of \$50.