Promoting Mental Health in Immigrant Children: Additional Resources

Pre-Reading Materials

1. “Helping immigrant children heal” by Lorna Collier, American Psychological Association website
   Brief review of the mental health issues of unaccompanied children and strategies for helping, with references to studies on mental health.
   https://goo.gl/obVPF7

2. “Addressing the mental health needs of Latino children in immigrant families”
   This article reviews mental health screening tools and recommendations for future directions. We recommend reading the abstract and introduction.

Deeper Dive into Immigrant Child Mental Health

1. “These are Children, Not Bad Hombres”
   NY Times Op-Ed by Sonia Nazario (author of Enrique’s Journey), 2/25/17
   https://goo.gl/5jWajz

2. “Across the Border and into School” - Emily DeRuy The Atlantic. 08/2016
   Describes challenges and programs in NY schools to integrate newly-arrived immigrant children and young adults.
   https://goo.gl/2xdjbi

3. TED talk video by Sonia Nazario - March 2017 (18 min)
   Journalist who reviews US efforts to reduce gang-violence and strengthen policing in Honduras and El Salvador to reduce children leaving to come to the US.
   https://www.youtube.com/watch?v=XA_SUOareNQ

   Following one young man from Honduras to the US.
   https://goo.gl/0wvkyC
DC AAP Immigrant Child Health Toolkit
(includes local mental health resources)

http://www.aapdc.org/toolkit/immigranthealth/

National AAP Immigrant Child Health Toolkit

https://www.aap.org/cocp  →  Immigrant Child Health Toolkit

DC AAP Immigrant Child Health Committee in partnership with the DC Mental Health Access in Pediatrics · May 16, 2017