



## Promoting Mental Health in Immigrant Children: Additional Resources

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### Pre-Reading Materials

1. “Helping immigrant children heal” by Lorna Collier, American Psychological Association website  
Brief review of the mental health issues of unaccompanied children and strategies for helping, with references to studies on mental health.  
<https://goo.gl/obVPF7>
2. “Addressing the mental health needs of Latino children in immigrant families”  
Caballero et al. *Clinical Pediatrics*. Nov 2016.  
This article reviews mental health screening tools and recommendations for future directions. We recommend reading the abstract and introduction.



### Deeper Dive into Immigrant Child Mental Health

1. “These are Children, Not Bad Hombres”  
NY Times Op-Ed by Sonia Nazario (author of *Enrique’s Journey*), 2/25/17  
Review of the Office of Refugee Resettlement’s humane treatment of unaccompanied children.  
<https://goo.gl/5jWajz>
2. “Across the Border and into School” - Emily DeRuy *The Atlantic*. 08/2016  
Describes challenges and programs in NY schools to integrate newly-arrived immigrant children and young adults.  
<https://goo.gl/2xdjbj>
3. TED talk video by Sonia Nazario - March 2017 (18 min)  
Journalist who reviews US efforts to reduce gang-violence and strengthen policing in Honduras and El Salvador to reduce children leaving to come to the US.  
[https://www.youtube.com/watch?v=XA\\_SUOareNQ](https://www.youtube.com/watch?v=XA_SUOareNQ)
4. “Between Borders: American migrant crisis” NY times video - Oct 2015 (25 min)  
Following one young man from Honduras to the US.  
<https://goo.gl/0wvkyC>



## DC AAP Immigrant Child Health Toolkit (includes local mental health resources)

<http://www.aapdc.org/toolkit/immigranthealth/>

Optimize for:  DC  MD  VA

### Immigrant Child Health Toolkit

[\[ about this toolkit \]](#)

A B C D E F G H I
J K L M N O P Q R S T
U V W X Y Z

Access to Public Benefits in D.C.

Aids/HIV

Algorithm for Latent TB Screening

Assistance Forms

- Clinical Guidelines ▶
- Education ▶
- Mental Health ▶
- Social Services ▶
- Immigration Legal Services ▶
- Access to Public Benefits in D.C. ▶
- Language Services / Interpretation ▶

Developed by the DC AAP Immigrant Health Initiative



## National AAP Immigrant Child Health Toolkit

<https://www.aap.org/cocp> → Immigrant Child Health Toolkit

**Community Pediatrics**

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### Council on Community Pediatrics

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## Immigrant Child Health Toolkit

This toolkit provides information to address common matters related to immigrant child health. View the web based content, or download the pdfs in each section below. Contact [cocp@aap.org](mailto:cocp@aap.org) with questions.



**Background**

Learn about the development of the toolkit and the toolkit contributors. [▶](#)

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**Key Facts**

This section includes interesting facts on demographics, access to care, socioeconomic factors and unique stressors for immigrant children. [▶](#)

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**Clinical Care**

This section includes commonly asked questions about clinical and practice issues. [▶](#)

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